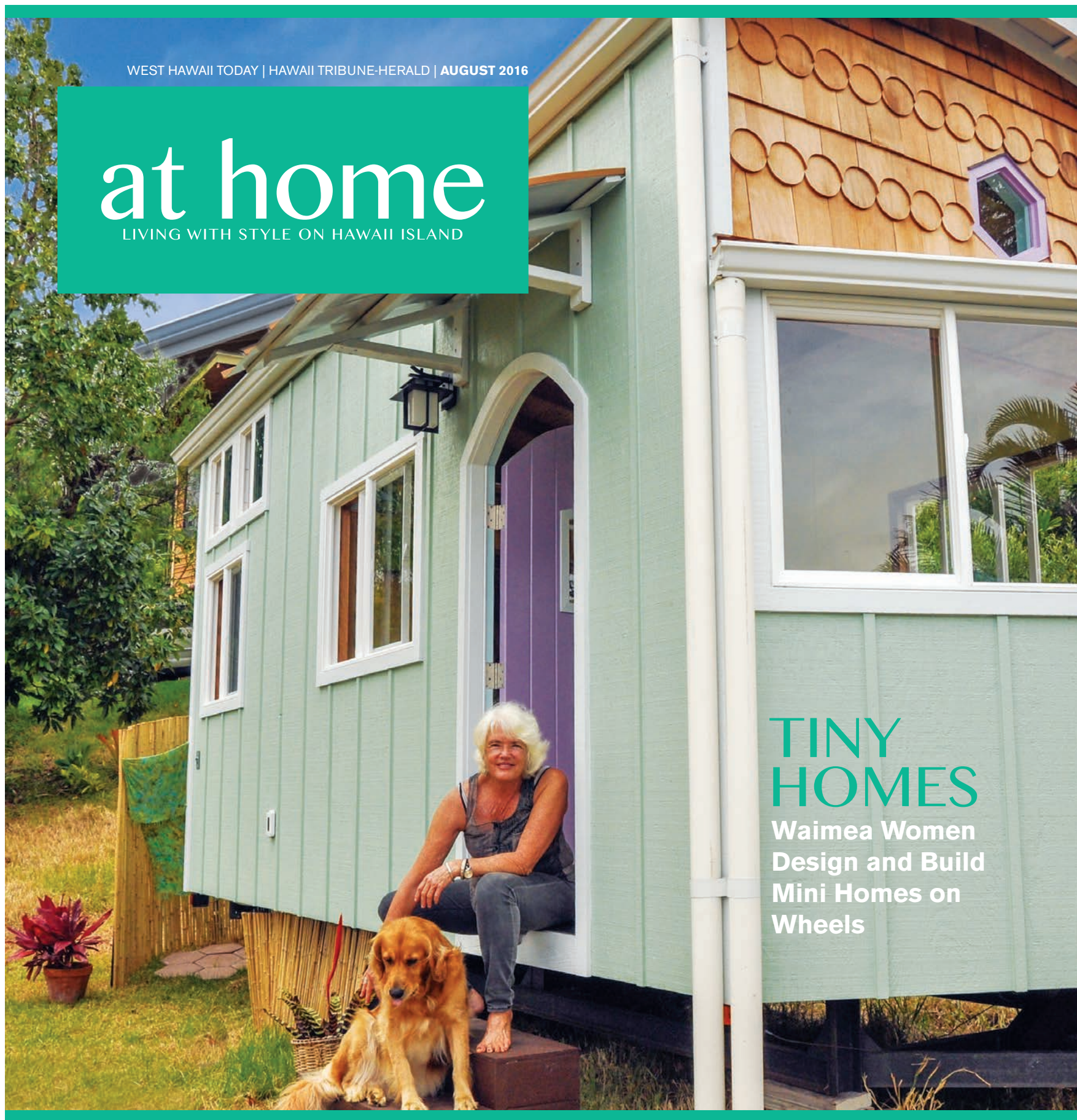


WEST HAWAII TODAY | HAWAII TRIBUNE-HERALD | AUGUST 2016

at home

LIVING WITH STYLE ON HAWAII ISLAND

**TINY
HOMES**
Waimea Women
Design and Build
Mini Homes on
Wheels





Limelight (IPL) is a pulsed light system that is exceptionally effective at treating pigment at a comfortable energy level. Virtually any part of your body with sun and age spots or freckles can be safely treated. Limelight (IPL) treatment needs no topical anesthetic or gels beforehand and you can see superior results in just one or two treatments. The Limelight (IPL) Facial Treatment incorporates a lazy days of summer facial with a safe IPL to reduce skin redness, tiny veins, red and brown spots and sun damage. We offer the most advanced laser technology and physician strength skin care products. Our licensed aestheticians will work with you to create a customized skin care regimen that will help preserve healthy skin between treatments. Skin care at this level can only be found at a physician's office.

HEALTHY SKIN IS RADIANT SKIN



AUGUST SPECIALS - call for details

- CoolGlide Laser Hair Removal
- 20% Off Limelight (IPL) Lightening brown spots
- Microdermabrasion/Photo Facial

"Rainbow Eucalyptus" - photo by Bonnie Nims

David K. Hiranaka M.D., D.M.D.
MAXILLOFACIAL, FACIAL PLASTIC & RECONSTRUCTIVE SURGERY

The surgical office of
David K. Hiranaka, MD, DMD
is accredited by the
Joint Commission - the Gold Seal
of Approval in Health Care



326-2040

www.a-new-face.com

EXPERIENCE YOU CAN TRUST

AUGUST 2016

MANAGING EDITOR
KAREN ANDERSON
KANDERSON@WESTHAWAII.TODAY.COM

ADVERTISING DIRECTOR
KELLY BOLYARD
KBOLYARD@WESTHAWAII.TODAY.COM

CREATIVE DIRECTOR
GINA LAMBERT

ART DIRECTOR
JEFF SANNER

PHOTOGRAPHER
KAREN ANDERSON

CONTRIBUTING WRITERS
KRISTINA ANDERSON
KAREN ANDERSON

©2016 *At Home* is distributed the first Sunday of each month in *West Hawaii Today* and *Hawaii Tribune-Herald*

Published on on August 7, 2016



On the Cover: Waimea resident Barrie Rose unveils a new tiny home that she and contractor Johanna Tilbury designed and built themselves.

PHOTO: KAREN ANDERSON

PHOTO: KAREN ANDERSON

COVER STORY



TINY HOMES

Enterprising Waimea women build tricked-out tiny homes on wheels

10

FEATURE



4

EASY STYLE

Holualoa mom gets creative with home décor ideas

PHOTO: KAREN ANDERSON

DISCOVERIES



16

ON BOARD

Big Island residents share swell ideas for repurposing old surfboards

PHOTO: COURTESY PETER HACKSTEDDE

FEATURE

Artwork by Kona artist Roz Marshall hangs in the living room of Kerry and Keith Colvin's home in Holualoa, where Kerry gives second-hand furniture the upcycle treatment with slipcovers she sewed herself, plus pillows she made of Kerry Cassill fabrics.

EASY STYLE

Holualoa mom gets creative with home decorating ideas

Every picture tells a story for former frame-shop owner, interior design enthusiast and mom, Kerry Colvin, of Holualoa, whose personal style blends industrial accents with comfy cottage-chic furnishings, do-it-yourself resourcefulness and unrelenting creativity.

"I was that little girl who played with dollhouses growing up," said Kerry, a native of Kona. "Home decorating is fun and it's what

I've always loved to do."

Perched on a quiet cul de sac on a hill above Kailua-Kona, the three-bedroom, three-bath house provides the ideal haven for Kerry and her husband, Keith, and their two children, Chloe, age 9, and Quinn, age 14. Great style doesn't have to be pricey, says Kerry, who has a knack transforming second-hand furniture into contemporary pieces for the home. She also comes up with ingenious ideas for

enhancing home basics like the simple, vinyl roller blinds she covered in paisley fabric.

"The fabric came from a duvet," she said. "I cut it up and sewed it onto the blinds. I'm a go-for-it kind of person. I'm not afraid to try things."

An accomplished seamstress, Kerry works out of her family workroom/garage crafting her well-known Kona Coffee Totes, beautifully lined burlap coffee-farm bags offered to

STORY AND PHOTOGRAPHY BY KAREN ANDERSON



The couple's son's artwork from elementary school brings big personality into the dining room, which features an antique table from New England juxtaposed with industrial lights from CB2.

guests of the Four Seasons Resort Hualalai. When she's not sewing her bags, she works as a Realtor and also offers interior design consultation to friends and associates.

A graduate of Konawaena High School, Kerry studied interior design at Brooks College in Long Beach. Design comes naturally to Kerry, who for 14 years owned and operated her own Island Framing Company shop in Kealahou. It's no surprise, therefore, that Kerry's home is filled

with works she has framed herself by some of her favorite Island artists, including painters Roz Marshall, Ellen Crocker, Deborah Thompson and photographer Uldra Johnson. In the dining room, charming framed artwork by her son, Quinn, hangs above an antique table from New England.

"I was raised on art and have hopefully transferred my love of art and music to our art and music to our kids," said Kerry.

Having previously lived in a vintage Hawaiian plantation home in Honolulu before building their house several years ago, Kerry and her family appreciate antiques and vintage collectibles. She is particularly proud of her unique collection of antique wedding-cake toppers ("I think they are charming and I love what they symbolize," she said). An assortment of green depression glassware finds a place of honor in an antique pie safe she found at a yard sale and restored herself. She asked artist Deborah Thompson to paint tropical scenes on it.





Kerry achieved the look of French wallpaper with her hand-stenciled Indian paisley patterns. "I didn't want the commitment of wallpaper because I like to repaint so often," said Kerry. "I used a roller to roll the paint over the stencil."



Kerry transformed standard pull-down shades, covering them with paisley fabric from an old duvet.

Speaking of painting, Kerry admits to being a serial “repainter.” She enjoys reading interior design magazines and blogs to research colors before painting a room. In keeping with her love of Indian paisley “by way of France,” Kerry spent four days stenciling a wall in the living room with a paisley pattern she found online.

“I like wallpaper but I like repainting walls even better, so this was the next best thing,” she said. “It was a lot of work, especially when I got to the top. I need a taller ladder, I think.”

In the master bedroom, Kerry decided to go bold and paint the walls navy.



WWW.RAILINGSYSTEMSHAWAII.COM EMAIL: BTREMAIN@RAILINGSYSTEMSHAWAII.COM

RAILING SYSTEMS HAWAII
CUSTOM RAILING SYSTEMS, GATES AND FENCING
BOB TREMAIN, OWNER

ALUMINUM • BRONZE • STAINLESS • GLASS OR CABLE
DESIGN • MATERIALS • INSTALLATION COMMERCIAL • RESIDENTIAL

PHONE: 808-325-2822 CELL: 808-938-9526 FAX: 808-325-0785

KEEP YOUR LIGHTS ON THIS HURRICANE SEASON! CALL US TODAY (808) 775 7410

LIC# C-27865

MENEHUNE POWER SYSTEM
SMART SAFE AFFORDABLE

- Top of the Line High Efficiency Premium Solar Modules
- Able to Operate all of your Essential Appliances Night & Day
- Provides Power when the Grid is down and Saves you Money while the Grid is up
- Maintenance-Free Low Voltage Non-Toxic Salt Water Batteries

ph: (808) 775-7410 www.renewableenergy.com



Termites are eating your home and reproducing for 4 years before you see them.

ORANGE OIL

+ SMART SHIELD =

NO MORE TERMITES EVER!

Call 808.887.6278

smartpestx.com License # PCO 1398



ROY LAMBRECHT
WOODWORKING, INC.

Custom Cabinetry • Doors • Windows • Countertops • Closet Systems



326-9585 • Fax: 326-2742

73-5573 Kauhola Street Kailua Kona, HI 96740

www.roylambrechtwoodworking.com



"I was a little scared of the color, I'll admit, but it was the biggest payoff of any paint job I've ever done. It's so restful, and the view outside just pops like crazy and is that much more vibrant and bright. I love the combination of navy and white. It's timeless and classic."

For Kerry, creating a warm, happy and comfortable environment for her family fulfills her nurturing nature and artistic sensibilities.

"When I get a creative idea, it needles me until follow it through," she said. "Tinkering around with home décor is the way I express my artistic self. It's great fun, and it makes me feel elated, excited and happy."

For information about Kerry's design services, contact her at KerryColvin@gmail.com. ■



Kerry Colvin with her daughter, Chloe.

The SPOON SHOP essentials for the gourmet chef essentials for the summer picnic



PICNIC BASKETS ✨ OUTDOOR UTENSILS ✨ BBQ TOOLS
COOKBOOKS ✨ EXOTIC OLIVE OILS ✨ GOURMET JAMS
MARINATING & SIMMERING SAUCES ✨ FOOD COVER TENTS

Visit us Monday - Saturday 10:00 - 5:00

Above Home Depot on Kamanu St. - Hale Ku'i Plaza
TheSpoonShopKona.com 808-88SPOON (808 - 887 - 7666)



Locally owned
and operated



Hawaii's Largest Stocking Supplier Of Hardwood,
Bamboo, Laminate, Luxury Vinyl Tile,
and Engineered Flooring at Unbeatable Pricing!

Visit any of our showrooms for free samples today.

Big Island: 327-3100 Kauai: 245-5115

Maui: 873-2122 Oahu: 842-7100

www.wlflooring.com

COVER STORY

Habitats Hawai'i recently completed this 200-square-foot home on wheels for a client in Kapoho. The home's curved roof helps capture rainwater and also increases roominess inside.

TINY HOMES

Waimea duo designs and builds tricked-out tiny homes on wheels

When Barrie Rose was a little girl growing up in Colorado, she loved to play house. She also enjoyed visiting a local landmark called Tiny Town, a theme park featuring handcrafted miniature houses and buildings large enough for pint-sized patrons to explore.

Today, the longtime Big Island resident has

taken her love of tiny homes to the next level, fully embracing this fascinating architectural movement that has gained momentum across the country in recent years.

Co-owners of Habitats Hawai'i, Barrie and contractor Johanna Tilbury design and build fantastic tiny homes-on-wheels tailored to fulfill all the basic necessities of a functional living space. Over the last several years, the Waimea-based duo has created a half dozen portable

homes that are charming, practical, affordable and particularly suited to island living.

"Tiny homes are not a fantasy," said Barrie, "you can actually live in one and be practical. The beauty is, you can more than double your living space with gardens, patios, pergolas, trellises and pavers. The homes we design come fully equipped, and are plumbed and wired for solar, electrical, catchment or municipal water. We design them specifically

STORY AND PHOTOGRAPHY BY KAREN ANDERSON



Waimea resident Barrie Rose designed and built the tiny home with her business partner, Johanna Tilbury. The duo has perfected the art of creating spacious and practical living spaces inside their custom-designed tiny homes.

for the individual client. The client provides lots of input about the end result.”

What begun as a labor of love has become a business for the enterprising women, who say they are not interested in mass-producing a product, rather, they strive to create customized tiny homes that are art forms unto themselves.

Case in point: Johanna and Barrie recently completed a 200-square-foot mini home that they

personally delivered to their client in Kapoho. Easy to tow over paved and dirt roads and up steep hills, the tiny home weighs about 7,000 pounds, the equivalent weight of a horse trailer.

Surprisingly spacious, the Kapoho home is large enough for a fully equipped kitchen complete with a standard-sized porcelain sink, a four-burner propane stove and a ten-cubic-foot fridge. There’s also plenty of room for a full-sized front-loading washing machine, a Japanese wooden furo

(bathtub) and a composting toilet, not to mention custom cabinets, window seating, a day bed, a table, a loft, a stairway and substantial storage space throughout.

The cabinetry is particularly impressive, custom built of reclaimed mahogany and cypress sourced from a mill operated by Alex Woodbury and Josh Greenspan of Waimea. Butcher-block countertops, sliding shoji screens, and upscale lighting, fixtures and faucets round out the features.



The tiny home in Kapoho features maple stairs with storage underneath. The kitchen has room enough for a fridge, four-burner stove and washing machine.

“We’ve learned you don’t have to think ‘tiny’ when designing a tiny home.”

— Barrie Rose, co-owner,
Habitats Hawai‘i

Through trial and error, Johanna and Barrie have perfected the art of maximizing space inside a tiny home.

“We’ve learned that you don’t have to think ‘tiny’ when designing a tiny home,” said Barrie. “For example, you don’t need to resort to just a two-burner cooktop; there’s room enough for an apartment-sized stove. We’ve designed a great stairway system with loads of storage underneath. Skylights and higher ceilings help open up and illuminate the space.”

The curved ceiling of the Kapoho home provides increased headspace for the loft upstairs. On the exterior, the curved metal roof was special ordered and is highly effective in capturing rainwater for off-the-grid living. The beams on the Kapoho home were custom hand-laminated by Johanna.

“Johanna even built custom jigs to make the beams,” said Barrie. “In order to get the layers to bend, she had to soak them in water. It’s a costly and difficult process, but the result is amazing.”

A 30-year veteran of the building profession, Johanna has the distinction of being the second woman in the state of Hawai‘i to become a licensed building contractor. Her company, Hui



Built by Habitats Hawai‘i, this tiny home in Pa‘auilo functions completely off the grid.



This 120-square-foot Habitat in Waimea can be easily towed with a V-8 pickup truck. Outside the abode, a garden, trellis and arbor expand the home's living quarters.





Skylights and bay windows provide plenty of light and ventilation inside this tiny home built by Habitats Hawai'i for a client in Kapoho.

Kamana Builders, includes the carpentry team of Bill Setterfield and Tom Thompson. An active Realtor with Clark Realty, Barrie specializes in design and décor, helping to give the tiny homes an upscale, charming feel that is both modern and sensible. The homes range from \$50,000 to \$80,000, depending on the finishes and details.

In Hawai'i, a tiny home can function as a vacation rental, guesthouse, ohana, office, studio or first-time home for the millennial. As an efficiency dwelling, a miniature portable home can also provide a dwelling for an owner/builder to live on their property while building a permanent residence.

"Some might even consider creating a sustainable compound of tiny homes," said Barrie. "We have a Hawaiian family interested in one for their daughter on their three-acre property in Hilo. We can even make them ADA-compliant for seniors."

Barrie points out that a portable home on the Big Island can come in handy event of a tsunami warning, hurricane or lava flow, and can quickly and easily be transported to a safe place.

To Barrie, the concept of sustainable living is especially important. She says the Habitats present a negligible carbon footprint and easily harmonize with the natural environment.

"Tiny homes help foster sustainability on all levels. It's not about competition, but collaboration."

For more info, visit HabitatsHawaii.com. ■



A sliding shoji screen doubles as a bathroom door adjacent to the front-loading washing machine.



The Kapoho kitchen features custom cabinetry crafted of reclaimed mahogany and cypress. Butcher-block counters complement the black porcelain sink.

KILOHANA LIGHTING, Inc.
...helping you make your house a home



START YOUR WISH LIST or **SHOP:** kilohanalighting.com
New Items on Sale every month from 10%-70% Off

sales@kilohanalighting.com • 808-245-6900 • We Ship Interisland
Hawai'i owned and operated lighting retailer for over 20 years

Design Studio™ Roman Shades

Design Studio™ Roman Shades

Design Studio™ Roman Shades

Design Studio™ Fabrics

HunterDouglas
COMPLIMENTARY WINDOW DESIGNS BY:
JEANNIE CHUNG
Jeannie Chung

Design Studio™ Roman Shades

Design Studio™ Roman Shades

Design Studio™ Roman Shades

Design Studio™ Fabrics

Design Studio™ Roman Shades

Design Studio™ Roman Shades

Design Studio™ Roman Shades

Design Studio™ Roman Shades

KALOKO SHUTTER & BLIND, LLC
808-329-2998

73-5612 Kauhola St. Unit 3 | Mon-Fri 10am-5pm • Sat-Sun By Appt. | www.kalokoshutterblind.com

DISCOVERIES

Peter Hackstedde repurposed his vintage Hansen longboard into a thatch-covered bench that sits in front of his home in Puako.

ON BOARD

Old surfboards are repurposed into functional pieces for the home

When Puako resident Peter Hackstedde converted his beloved first surfboard into a tropical bench that sits on the street in front of his home, little did he know that legendary surfboard maker Don Hansen would pass by the house one day and recognize the board as one of his own.

“Don was vacationing in our neighborhood and just happened to be walking by,” said

Peter. “I saw him out there looking at my bench. He told me he made the board. I was amazed. He’s been a surfing legend since the early 1960s. I’ve had that board since I was 10 years old and held onto it through the years. It was too heavy to ride anymore, so making a bench out of it was the perfect use for it.”

Perched atop legs made from a ten-foot teak log he found in the neighborhood, Peter’s thatched-covered “bus-stop” shelter frequently catches the attention of passersby

and vacationers who ask permission to have their photos taken on it. The day that Don Hansen came by, however, it was Peter who asked Don to be photographed on his bench. “I have the photo in a frame,” Peter said. “It was such a moment.”

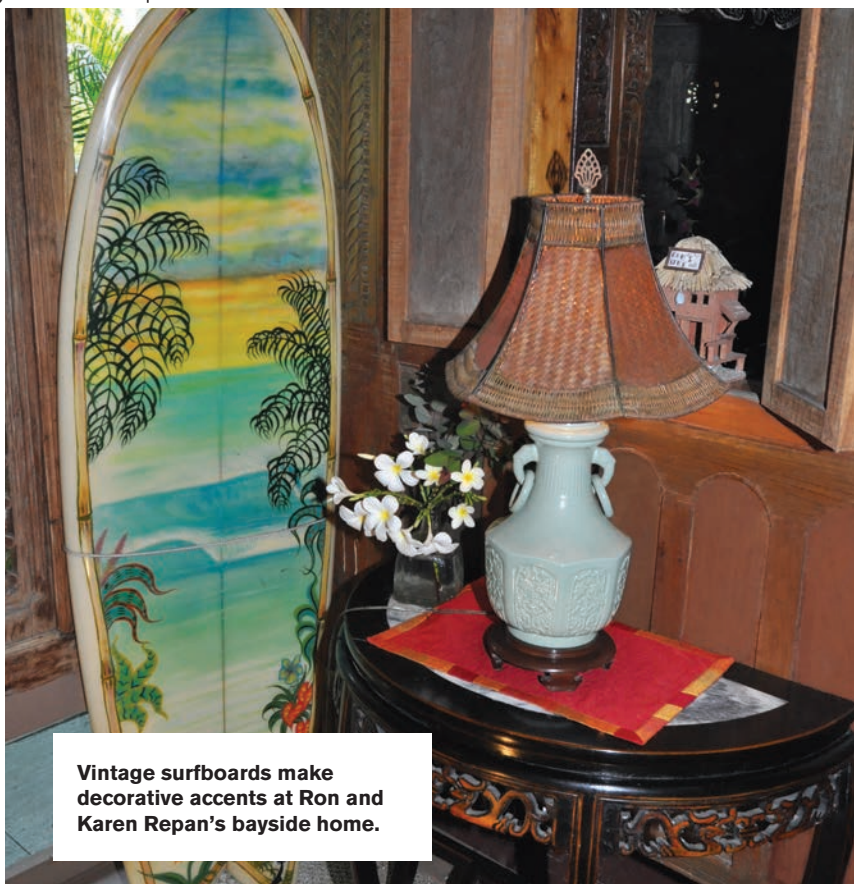
From coffee tables and benches to shelves, showers and fences, old surfboards can be repurposed into totally swell furniture and architectural accents for the home and yard.

STORY AND PHOTOGRAPHY BY KAREN ANDERSON





Surfboard collector Ron Repan created a colorful gate out of old surfboards at his home in Napo'opo'o Village.



Vintage surfboards make decorative accents at Ron and Karen Repan's bayside home.



Fins on a surfboard double as towel racks at the Repan's Bali Tree Cottage in Napo'opo'o.



Surfboard décor at the Repan's house includes a vintage board that was hand built on an aircraft carrier during the Gulf War.

“I repair old surfboards and make things out of them.”

— Ron Repan, homeowner

Such is the case in Napo'opo'o Village, where homeowner Ron Repan's collection of more than 85 old surfboards have been fashioned into everything from gates, signs and bartops to fences, towel racks and ceiling decor.

“Ron acquired some broken boards from surfers at Manini,” said his wife Karen. “He'd pay \$20 for them. When word got around, surfers would sell boards to him or just leave them in our carport. He fixes the broken ones and makes things out of them. He always says he's never going to buy another surfboard, but somehow or other, they keep showing up.”

One of his prized boards known as “Da Bomb” hangs from the ceiling of the Repan's Bali

Tree Cottage vacation ohana. According to Ron, the board was hand built on a warship during the Gulf War and had been hanging in a surf shop for years when he asked the storeowner if he could buy it. The storeowner declined but Ron persisted.

“I suggested we flip a coin, heads, the owner keeps it, tails, I buy it off of him,” recalled Ron. “It was tails. I won.”

Da Bomb is one of dozens of colorful surfboards scattered throughout the home and property delineated by rows of surfboards lining the fences and dog kennel.

“I love all theses surfboards,” said Karen. “They are so colorful and fun.” ■

EDITOR'S COLUMN

Exercise? I said, Extra Fries



Watching the Olympics on TV for hours on end makes me feel like a gold medal winner . . . in the couch potato marathon.

That's right, folks. My sofa and I are now conjoined twins. Time to settle in and enjoy the opening ceremonies — opening a bottle of wine in front of the TV, that is.

Much like *Sports Illustrated*, I have swimsuit issues. Unfortunately for me, working out is an exercise in futility. My idea of resistance training is resisting going to the gym. When it comes to meeting my fitness goals, I put the “deter” in determination. Frankly no matter how much I push the envelope, I still end up stationery.

Seriously, I could be an Olympic athlete if I set my mind to it. I'm very good at the conclusion jump, for example. Run-on sentences are a specialty. I'm also skilled

at swimming in debt, diving into a bag of chips, juggling the books, shooting the breeze, running my mouth, and going downhill fast. Speaking of which, that last tequila *shot put* me over the edge.

Truth be told, I'm not a competitive person. In fact, I'll challenge anyone to be more non-competitive than me. Not to brag, but I'm the designated sitter on my softball team. Our team needs a good relief pitcher, though — a pitcher of margaritas. ■

Karen Anderson is the managing editor of “At Home” magazine and the author of “The Hawaii Home Book, Practical Tips For Tropical Living.” She can be reached at kanderson@westhawaiiitoday.com

CACTUS AND SUGGULENTS

Perfect for Summer

PARADISE PLANTS

HOME & GARDEN CENTER

40 Wiwoole Street, Hilo

www.paradisepplantshilo.com

935-4043

Interior Design by She Designs Hawaii

KALOKO FURNITURE

MONDAY - SATURDAY
9:30 AM - 5:30 PM

FREE ISLANDWIDE DELIVERY

73-5619 KAUHOLA STREET IN HALE KU'I PLAZA • 808.331.1112

KALOKOFURNITURE.COM • VISIT US ON FACEBOOK

EXTRAS

PHOTO: KAREN ANDERSON

Rhu Fassett (left) and her sister Ozzy inspect a sticky trap to find out if there are *Aedes* mosquitoes in their grandmother's yard in South Kona.

CITIZEN SCIENTISTS

Big Island residents participate in iNaturalist mosquito identification project

Wanted dead or alive: *Aedes aegypti* and other mosquito species capable of transmitting viruses like dengue, Zika and chikungunya.

Citizen scientists across the Big Island are on the hunt to catch and ID mosquitoes in their yards and homes, sharing their data to the iNaturalist Mosquitoes-in-Hawai'i Project that documents

where and when these species reside.

Elementary, middle and high school students, retired science teachers, homeowners and residents are just some of the participants posting their findings on the mosquito-data website, launched in May 2015 by Dr. Durrell Kapan, Ph.D., professor from the California Academy of Sciences and UH Manoa.

According to Durrell, Hawai'i is home to six

invasive species of mosquitoes. Some, like the *Aedes* species, were responsible for the recent dengue outbreak that affected hundreds of residents on the Big Island. Other species like the *culex* continue to devastate endangered and endemic Hawaiian birds.

Since joining the project, Waimea resident Lynn Beitell has discovered *Aedes albopictus* in her neighborhood and yard. Using her iPhone with a macro lens attachment, she has been

STORY BY KRISTINA ANDERSON

photographing her catches and adding her observations to the site.

“The Big Island is the only island in the state with a known resident population of *Aedes aegypti*,” she said. “It’s important to know if you have *aegypti* nearby because the species is the most effective vector for carrying diseases. This is a great time to catch and identify mosquitoes because there is not a virus outbreak going on currently. It’s important information and it’s fun to do.”

In addition to helping professional entomologists locate pockets of threatening *Aedes* populations, the project also puts the focus on mosquito control and elimination.

“By identifying the species in your area, you can learn how to better protect yourself and focus on eliminating breeding sites,” said Durrell. “Scientists can use your data to create fine-scale distribution maps of mosquito ranges, which will also help public health and vector control efforts. It’s fun to get a good photograph and learn a bit about insects.”

For more info or to join the project, visit iNaturalist.org/projects/mosquitoes-in-hawaii. ■

PHOTO: LYNN BEITTEL



Dr. Durrell Kapan (right) and entomologist Emilie Bess survey Kohala Ranch for *Aedes aegypti* mosquitoes.



Ownership counts.

 **930-7700**

 **hicommfcu.com**

Proudly providing our Hawaii Island communities with a full range of financial products and services for over **79 years.**

Including:

CONSTRUCTION LOANS

HOME EQUITY LINES-OF-CREDIT
Now with higher Loan-to-Value options!

MORTGAGES

VACANT LAND LOANS



Federally insured by NCUA.





B&B chef Greg Nunn cooks up a mango-apple galette made with fruit grown on the property.

For B&B chef Greg Nunn and his partner Michael Martinage, cooking in their spacious kitchen at Ka'awa Loa Plantation Guesthouse & Retreat comes with some distractions.

"Our kitchen is amazing but it's hard to stay focused because of the view," said Greg. "We have so many big windows you can't help but always look at beautiful Kealahou Bay below."

Known for their jovial hospitality, Greg and Mike have been hosting guests at their 6.5-acre farm and retreat since renovating the plantation-style home in 2006. Featuring an enormous veranda reminiscent of a captain's estate, the 7,000-square-foot residence is trimmed with 2,600 feet of mango milled from a tree that once stood where the house is now.

In the kitchen, handcrafted mango cabinets are original to the home, which was built in 1994 by a doctor for his family. The kitchen cabinetry

was crafted without doors, which suits Greg just fine as the open alcoves offer easy access to glassware and plates. Below the sink, Greg's mom sewed curtains made of tropical fabric from nearby H. Kimura fabric store in Kailua.

Guests enjoy hanging out at the large teak table Michael purchased in Kailua-Kona. A hot tub, cedar steam bath, wood-burning fireplace are among the amenities.

Cooking everything from eggs Benedict and quiche to jams and jellies, Greg uses freshly harvested ingredients from the property including coffee, papayas, mangoes, avocados, bananas, passion fruit, pineapple, oranges, grapefruit, lemons, limes, dragon fruit, star fruit and coconuts.

Preparing gourmet meals at the B&B fulfills a lifelong dream for Greg. At an early age, he always knew he wanted to be in the kitchen.

"I learned to cook from my mom. When I

was a kid, I was right there next to the stove stirring and making stuff. I've taught Michael how to cook. He makes great pancakes and French toast for breakfast." ■

RECIPE

Mango Apple Galette

2 cups	Diced apples peeled
2 cups	Diced mango
¾ cups	Raspberries
½ cup	Chopped mac nuts
3 Tbsp.	Butter, soft
2 Tbsp.	Cornstarch
2 Tbsp.	Brown sugar
1/2 cup	White sugar
2 tsps.	Lemon juice
2 tsps.	Cinnamon
¼ tsps.	Nutmeg

Mix ingredients in large bowl. Roll pastry dough of your choice between two pieces of waxed paper until 18" across. Transfer to parchment paper on baking sheet. Pour fruit mixture into middle of pastry and spread out slightly. Fold corners of dough over edges of fruit filling to enclose, leaving 6" opening in center. Bake at 395 degrees for 40-50 minutes. Serve warm with ice cream.

HFS Federal Credit Union

Home Equity Line of Credit

The possibilities are endless...



Home Equity Line
of Credit Initial
Discounted Rate

0.99% APR¹
For First 12 Months

4.00% APR²

Fully Indexed Variable Rate
For Loans up to **80%** LTV

5.00% APR²

Fully Indexed Variable Rate
For Loans up to **100%** LTV

No Annual Fees

Closing Costs Covered up to \$1,500³

Call **930-1400**

Apply Online **www.hfsfcu.org**



Federally Insured by NCUA



¹The HFS Home Equity Line of Credit introductory Annual Percentage Rate (APR) of 0.99% is good for twelve (12) months. ²The non-introductory fully indexed variable rate is 4.00% for loans up to 80% LTV with a maximum credit line of \$300,000 and 5.00% for loans up to 100% LTV with a maximum credit line of \$100,000 as of 7/01/2016. The APR may be adjusted quarterly on the first day of January, April, July and October with a maximum rate of 18%. The APR will be based upon the Prime rate (index) as published in the Wall Street Journal plus a margin of .50% for loans up to 80% loan to value (LTV) or the Prime rate plus a margin of 1.50% for loans up to 100% LTV. The index value used is as of 10 days before the date of any annual percentage rate adjustment. The current index is 3.50% as of 07/01/2016. ³If the Equity Line is closed within 36 months of the plan opening the borrower will be responsible for reimbursing the Credit Union for all fees. This offer is subject to change without notice. Membership with the Credit Union is open to all who live, work, worship, attend school, volunteer or participate in associations headquartered on the Island of Hawaii.

Hilo • Honoka'a • Kea'au • Kealahou • Kona Coast Shopping Center • Prince Kuhio Plaza • Waimea Center

*First Class Vein Care Now Serving all of Hawaii Islands
with offices on Big Island, Oahu, Maui, and Kauai*

**Dr. Colin Bailey and Dr. Randall Juleff
Wish to Announce the Merging of Their Practices**

Vein Clinics
of Hawaii



**Randall Juleff
MD, FACS**

Board Certified in Venous &
Lymphatic Medicine,
Cardiovascular Surgery and
General Surgery



**Colin E. Bailey
MD, FACS**

Board Certified in Venous &
Lymphatic Medicine,
Cardiac Thoracic Surgery and
Cosmetic Surgery

Maui Location

1939 E. Vineyard Street
Wailuku, HI 96793
Phone (808) 214-5715

Kauai Location

3214 Akahi Street
Lihue, HI 96766
Phone (808) 245-4814

Oahu Location

1401 S. Beretania St., Suite 340
Honolulu, HI 96814
Phone (808) 585-2955

Big Island Location

65-1158 Mamalahoa Hwy., Suite 16
Kamuela, HI 96743
Phone (808) 885-4401

Say “Goodbye” to leg pain

Do You Suffer from...

- Painful, Heavy, Aching Legs?
- Leg Swelling or Cramping?
- Itching or Rash on Lower Legs?
- Unsightly Varicose Veins?
- Leg Ulceration or Skin Discoloration?

veinclinicsofhawaii.com